



# Professional Disclosure Statement

Robert Kelly, MA, LPC, CADCI  
Neighborhood Health Center  
7320 SW Hunziker Road, STE 300, Portland, OR 97223  
503-941-3087 | concerns@nhcoregon.org

**Philosophy and Approach:** I believe counseling is a collaborative process. I will work with you to better understand your values and beliefs, clarify concerns, and create a treatment plan that will help you more effectively achieve your stated goals and improve your overall quality of life. My therapeutic approach is trauma-informed and culturally responsive, based in Cognitive Behavioral Therapy and Motivational Interviewing.

At the beginning of therapy, we will create a treatment plan based on your presenting problems and concerns, identify your strengths, and needs, and form goal-oriented, value driven objectives. Throughout therapy we will discuss how your unique experiences, culture, learned behaviors, and mental health influence your values and goals identified in your treatment plan.

**Formal Education and Training:** I hold a master's degree in counseling psychology from The Chicago School of Professional Psychology. My graduate and post-graduate training has focused on mental health counseling for adults with emphasis on addictions. I am also a Certified Alcohol and Drug Counselor in the State of Oregon.

**As a Licensee** of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license, I am required to participate in continuing education, taking classes dealing with subjects relevant to this profession as well as courses on ethics and cultural diversity.

**Fees:** Any Fees that are rendered are billed to your insurance through Neighborhood Health Center (NHC). Fees for behavioral health services typically range between \$130 to \$215. Amount owed by the patient is determined after insurances are applied, if applicable. Sliding scales and flexible payment plans are available for those who qualify. Payment for services are due the day of service. For an estimate of charges, contact your NHC clinic and request a Good Faith Estimate.

**As a client of an Oregon Licensed Counselor**, you have the following rights:

- To expect that a registered associate has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a registered associate;
- To obtain a copy of the Code of Ethics;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me; and
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at:  
3218 Pringle Rd SE, #120, Salem, OR 97302-6312 | Telephone: (503) 378-5499  
Email: [lpct.board@mhra.oregon.gov](mailto:lpct.board@mhra.oregon.gov)

Additional information about this counselor or therapist, consult the Board's website:  
[www.oregon.gov/OBLPCT](http://www.oregon.gov/OBLPCT)

Information regarding NHC's Sliding Fee Discount Program and payment plans can be found here:  
<https://www.nhcoregon.org/for-patients/financial-assistance/>